

Exact Metaphysics as an Approach to Improve the Quality of Modern Human Social Intelligence in Utilizing Technological Media

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Abstract

Exact metaphysics, as an approach that combines empirical science and the concept of spirituality, offers a new method for improving the quality of modern human social intelligence. In a world increasingly filled with complex digital and social interactions, social intelligence is becoming a key factor in achieving collective prosperity. This article reviews how exact metaphysics, as taught by Prof. Kadirun Yahya, can be used to understand, shape and improve the social intelligence of modern humans. This approach involves combining scientific principles with metaphysical dimensions to overcome social challenges and human relations in the modern era by utilizing technological media in various communications and applying ethical principles.

Keywords:

Exact metaphysics, social intelligence, spirituality, modern humans, science, social relations.

Introduction

The development of technology and globalization have accelerated social interaction between individuals and groups. However, even though communication and social networks are becoming more widespread, many new social problems have arisen. Social intelligence—the ability to understand and interact with others effectively—is becoming increasingly important in dealing with conflict, managing relationships, and creating good cooperation in modern society.

Exact metaphysics, an approach introduced by Prof. Kadirun Yahya, teaches that all physical and social phenomena have a metaphysical or spiritual dimension that affects human survival. Exact metaphysics invites us to examine the relationship between humans and society through a deeper lens, utilizing scientific principles and spiritual values in shaping better social intelligence.

Social intelligence refers to a person's ability to understand and manage social interactions, empathize, and communicate effectively with others. In the context of modern times, especially with the advancement of technology and social media, there are various problems and challenges that need to be considered.

Social Intelligence Problems

1. **Lack of Face-to-Face Interaction:** Excessive use of technology can reduce in-person interaction, thus hindering the development of social skills.
2. **Message Misinterpretation:** Communication through technological media often does not convey the right emotional nuances and context, leading to misunderstandings.
3. **Online Bullying:** Social media facilitates the spread of negative behaviors such as cyberbullying, which can damage an individual's social relationships and mental health.
4. **Dependence on Technology:** Many people have become overly reliant on technological devices to communicate, which can reduce their ability to adapt to complex social situations.

Challenges in Utilizing Technology Media

1. **Misinformation:** Misinformation or misleading information can spread quickly on social media, affecting social perceptions and relationships.
2. **Privacy and Security:** The use of social media often raises concerns regarding privacy and personal data, which can undermine trust in social relationships.
3. **Generation Differences:** Different generations have different ways of communicating through technology, which can create gaps in interactions.
4. **Access Injustices:** Not everyone has equal access to technology, creating a gap in the ability to communicate and interact socially.

Exact Metaphysical Concept

Definition and Background

Exact metaphysics is a term that refers to an approach that seeks to understand invisible (metaphysical) reality through the exact scientific method. According to Prof. Kadirun Yahya, the physical world and the metaphysical world interact dynamically and cannot be separated from each other. He explained that all phenomena that occur in the physical world—be it related to physics, biology, or human behavior—have metaphysical aspects that affect how these phenomena develop.

In a social context, exact metaphysics not only focuses on human behavior physically or psychologically, but also looks at the spiritual and emotional aspects that underlie social action. With this more holistic understanding, we can understand social interaction not only as a physical phenomenon, but also as a result of deeper metaphysical processes.

Social Intelligence in the Perspective of Modern Man

Definition of Social Intelligence

Social intelligence is a person's ability to understand and interact with others effectively. This includes the ability to read emotions, pick up on non-verbal cues, empathize, and adapt behaviors to different social contexts. In the modern dynamic and multicultural world, social intelligence is an important component of personal and professional success.

Social Intelligence and the Challenges of Modern Times

Although communication technology is rapidly evolving, the social intelligence of modern humans is often hampered by interactions that focus too much on digital media. Interactions that occur through

screens often reduce emotional depth and overlook many of the non-verbal aspects that are important in face-to-face communication. In addition, modern society is also faced with social problems such as increasing inequality, intolerance, and political polarization.

The Relationship of Exact Metaphysics with Social Intelligence

Exact metaphysics offers a unique perspective in improving social intelligence. Social intelligence not only comes from cognitive abilities or communication skills that are trained, but it is also a reflection of a person's spiritual depth and metaphysical awareness. By understanding that each individual has a spiritual dimension that influences social interactions, we can develop the ability to be more sensitive to others, be more empathetic, and create more harmonious relationships.

Exact metaphysics helps modern humans to:

1. Building Spiritual Awareness in Social Interaction

In the exact metaphysical view, every social interaction has a spiritual aspect. For example, when a person interacts with others, it is not only the words that become important, but also the intention behind those words. The awareness that every action and communication has a spiritual impact can encourage people to be more sincere and responsible in their attitude.

2. Understanding Energy in Social Relationships

Relationships between people are seen as an exchange of positive and negative energy. Exact metaphysics teaches that positive behaviors such as honesty, love, and empathy can improve the quality of energy in a relationship. Conversely, negative behaviors such as lies, envy, and hatred will lower the quality of energy and damage relationships.

3. Balancing Physical and Spiritual Aspects in Interaction

Most social problems arise due to the imbalance between the physical and spiritual aspects of interacting. Exact metaphysics emphasizes the importance of this balance, where humans not only focus on material or physical interests, but also pay attention to metaphysical aspects such as happiness, inner peace, and wisdom.

Exact Metaphysical Implications for Improving Social Intelligence

1. Cultivating Empathy

Through understanding that each individual has a unique spiritual aspect, exact metaphysics can foster a deeper sense of empathy. Social intelligence develops when a person not only understands what appears from the outside, but also appreciates the inner depths of others.

2. Improve the Quality of Communication

Communication guided by metaphysical awareness becomes more meaningful and honest. Communication is not only about conveying information, but also building deeper relationships, where intentions and emotions are interconnected in spiritual truth.

3. Strengthen Harmonious Social Relationships

Exact metaphysics emphasizes the importance of sincerity, balance, and harmony in social relationships. True social intelligence is the ability to create peaceful and balanced relationships, which can be done when one understands that social well-being requires spiritual well-being.

Workable Solutions

- **Social Intelligence Education:** Encourage education that prioritizes social skills, empathy, and effective communication, both in schools and in the community.
- **Balanced Use of Technology:** Encourage the use of social media and technology wisely, prioritizing face-to-face interaction.
- **Awareness Campaign:** Conduct a campaign on the risk of cyberbullying and misinformation to build public awareness.
- **Training for All Ages:** Provides training on the safe and effective use of technology for all age groups.

Conclusion

Exact metaphysics as taught by Prof. Kadirun Yahya provides an innovative approach in improving the quality of modern human social intelligence. By combining the physical and metaphysical aspects of understanding social interactions, humans can build more meaningful, empathetic, and harmonious relationships. In the modern era full of social challenges and complex relationships, the exact metaphysical approach provides a solution by emphasizing the balance between the material and spiritual aspects in every aspect of social life.

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